

# Understanding and Managing Epilepsy Seminars 2010

If you have epilepsy, teach or support someone with epilepsy, or just want to know more about it, these **FREE** sessions will help you gain a greater understanding of epilepsy and how to manage the condition including useful first aid knowledge.

## Topics covered include:

- What is epilepsy?
- Different seizure types
- Triggers and causes
- Diagnosis and treatment
- Safety and lifestyle issues
- First aid for seizures
- Living with epilepsy

There will be time for questions.

Date	Time
February 23	1.00pm – 3.00pm
April 20	10.00am – 12 noon
May 20	7.00pm – 9.00pm
June 16	1.00pm – 3.00pm

**Address** Epilepsy Foundation of Victoria  
818 Burke Road, Camberwell VIC 3124  
Melways Ref: Map 45:J10

**Cost** No charge. Donations gratefully accepted.

For information and to register,  
telephone **1300 852 853** or email **[epilepsy@epilepsy.asn.au](mailto:epilepsy@epilepsy.asn.au)**